

## IDENTIFYING THE JUDGEMENTS THAT BLOCK CHAKRAS

CHAKRA Transforms energy from subtle to physical	JUDGEMENT Lowers Frequency of charka	NEW DECISION Higher Consciousness Raises vibration of charka	NEW DECISION One Consciousness Optimal chakra frequency
<b>CROWN CHAKRA 7<sup>TH</sup></b>	LIFE'S A STRUGGLE GOD DOESN'T SUPPORT ME	I'M WILLING I'M GRATEFUL	GOD SUPPORTS ME
<b>BASE CHAKRA 1<sup>ST</sup></b>	I'M WRONG, I'M RIGHT THEY ARE WRONG	I SURRENDER	I'M HAPPY
<b>THIRD EYE 6<sup>TH</sup></b>	CONFUSION I'M OPPOSITE I'M CONFUSED	I'M CERTAIN	GOD'S CREATION PLEASURES ME
<b>HEART CHAKRA 4<sup>TH</sup></b>	I'M NOT ENOUGH I'M TOO MUCH	THERE IS ONLY ONE AUTHORITY	THE UNIVERSE IS PERFECT
<b>SEX CHAKRA 2<sup>ND</sup></b>	ALIVENESS HURTS OR KILLS	MY ALIVENESS HEALS	MY PLEASURE PLEASES GOD
<b>SOLAR LUNA PLEXUS 3<sup>TH</sup></b>	UNWORTHY TO RECEIVE I DON'T DESERVE	I'M CONFIDENT	GOD LOVES ME
<b>THROAT CHAKRA 5<sup>TH</sup></b>	I'M UNLOVEABLE, UNWORTHY OF GOD'S LOVE	I'M CREATIVE	GOD ACCEPTS ME