

CURIOUS ABOUT ENERGY WORK?

HEARD ABOUT CHAKRAS BUT NOT SURE WHAT THEY ARE?

COME TO A WEEK END SEMINAR EXPERIENCE ON:

- **ELEVEN CHAKRA SYSTEMS**
- **IDENTIFYING CHAKRA BLOCKS**
- **THE POWER OF BREATH**
- **THE SUBTLE ENERGY BODY**
- **THE IMPACT OF OUR THOUGHTS ON OUR BODIES.**
- **AND MUCH MORE**

FUN, FANTASTIC, ENGAGING, AND TRANSFORMATIVE

DATE: MARCH 10TH-11TH SATURDAY & SUNDAY

TIME: 10 TO 4 PM

WHAT TO BRING: A Bag Lunch

PROVIDED: Water, Tea, Coffee and Juice

COST: \$150

LOCATION: 12782 EAST CASCADE MT ROAD

To register email [1008 solutions @ gwtc.net](mailto:1008_solutions@gwtc.net) or for information call 605 745 7262 and leave a message

Facilitated by Eburn Adelona: Eburn is a wise woman, an energy and breath master. I was trained at Rutgers University in individual, group and family therapy. My doctorate is from Columbia University in Anthropology with a focus on the culture of health systems. I have been assisting people to change for over 40 years as a psychotherapist, and a holistic nurse practitioner. As an Energy and Breath Master, my current approach to health and wellness involves subtle energy work with the human multidimensional anatomy described by ancient schools of healing. I have profound respect for the innate healing knowledge of each individual. I teach and guide people enabling them to access their inner authority and open their hearts to the love within. Dr. Adelona is the author of *Save Yourself A Practical Guide for Understanding Energy, Emotions, and Health.*